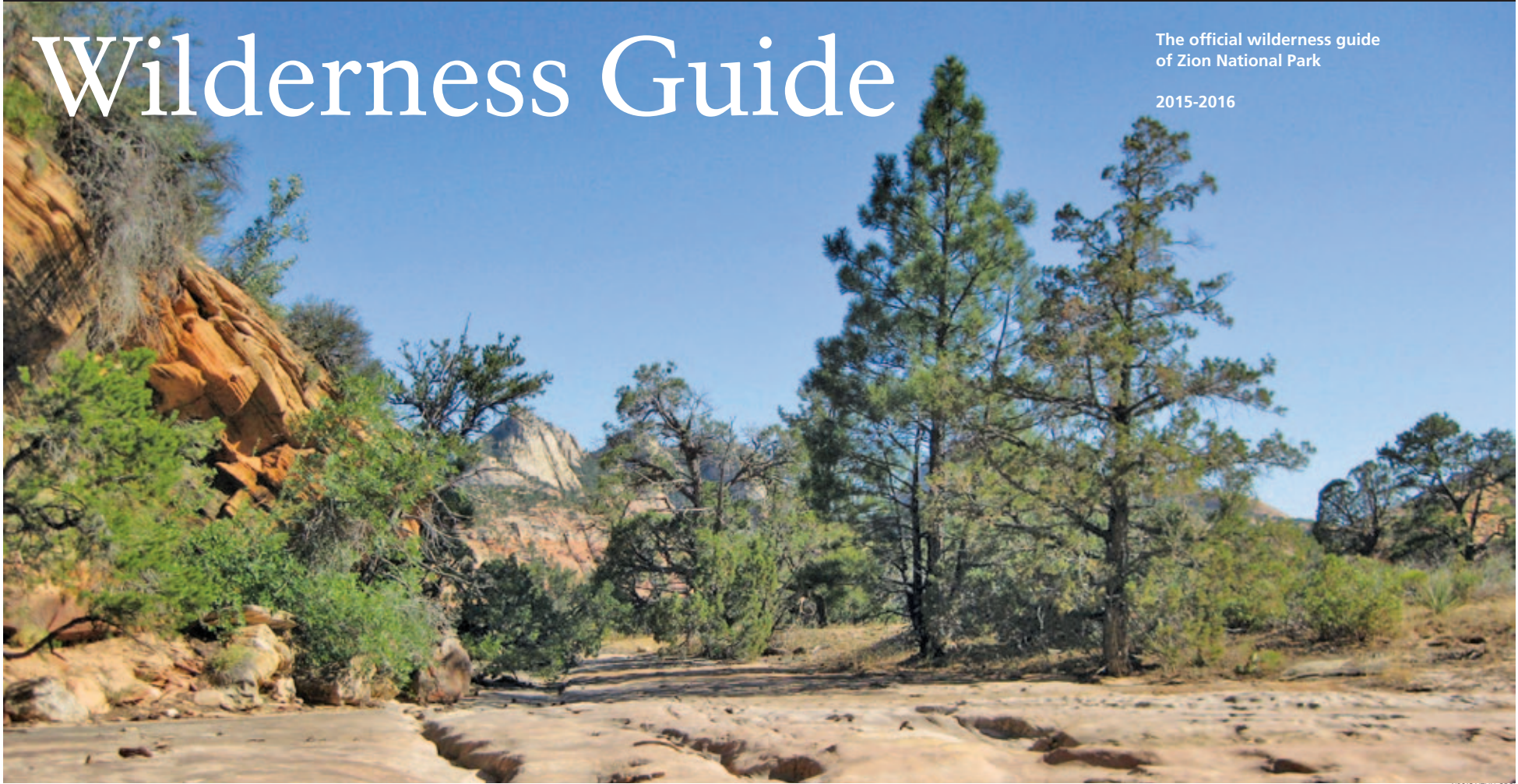




Wilderness Guide

The official wilderness guide
of Zion National Park

2015-2016



NPS/CAITLIN CECI

Plan Your Trip



Welcome to Zion National Park. Zion is a spectacular network of colorful canyons, forested mesas, and striking deserts. All of the land within the park boundary is preserved by the National Park Service for the benefit of the public. In addition, a remarkable 84 percent of this extraordinary landscape is preserved as wilderness. This designation ensures that over 124,000 acres of the park will continue to be a place where nature and its “community of life are untrammelled by man, a place where man himself is a visitor who does not remain.”



ROAD CONSTRUCTION
Major roadwork will occur this spring through the fall on the portions of the Kolob Terrace Road that run through Zion National Park. This will affect Subway hikers and canyoneerers, and any backpackers or hikers accessing trailheads along the road. Visit www.nps.gov/zion for more information and for the closure schedule.



PREPARE AND PLAN AHEAD
Traveling into the wilderness, even on short trips, can be challenging and risky and requires careful planning before you begin. Each year, people are injured or die while exploring the park. Your safety depends on your own good judgment, adequate preparation, and constant observation.



LEAVE NO TRACE
More than 50,000 people receive permits to visit the Zion Wilderness each year. Please show respect for your national park, fellow visitors, and future generations.

Stay on the trail. If you must leave the trail, travel in canyon bottoms, in river or stream courses, or on slickrock whenever possible. Avoid stepping on vegetation or biological soil crusts.

Do not build or destroy rock cairns. They are used to mark the trail or route. If placed incorrectly, they can mislead visitors, causing unnecessary damage and potential injuries. Also, do not build structures including benches, tables and shelters. Leave the area in a natural state for others to enjoy. Camping is limited to

Wilderness Permit Hours		
	Zion Canyon Visitor Center 435 772-0170	Kolob Canyons Visitor Center 435 586-9548
March 7 to April 18	8:00 am to 5:00 pm	8:00 am to 5:00 pm
April 19 to May 22	7:00 am to 6:00 pm	8:00 am to 5:00 pm
May 23 to September 7	7:00 am to 7:30 pm	8:00 am to 6:00 pm
September 8 to September 27	7:00 am to 6:00 pm	8:00 am to 6:00 pm
September 28 to October 10	7:00 am to 6:00 pm	8:00 am to 5:00 pm
October 11 to March 2016	8:00 am to 4:30 pm	8:00 am to 4:30 pm
Permits are required for overnight trips in the wilderness, including climbing bivouacs, through-hikes of The Narrows and its tributaries, and canyons requiring the use of descending gear or ropes, including The Subway. Permits may be obtained on the day before or day of your trip.		

designated sites in much of the Zion Wilderness. In areas where at-large camping is permitted, camp at least 200 feet from water and out of view of trails and streams. Camp one-quarter mile from springs. Campfires are not allowed in the wilderness. Please use a gas stove.

Carry all of your trash out of the park, including toilet paper. Use a human waste disposal bag, or trash bag, to transport your solid waste. If you do not have a disposal bag, waste can be buried in a small hole 4 to 8 inches deep and at least 200 feet from water and campsites.

Human waste bags must be used in The Narrows.

It is illegal to remove anything from the park. Leave the flowers, rocks, and everything else for others to enjoy. Do not write or carve on natural surfaces.

Feeding wildlife is illegal and unhealthy. Animals can become aggressive when fed. Store food and trash responsibly.

Allow others to enjoy the peace and solitude of the park. Keep your group quiet and limit the size of your group.

Reservations & Permits



Permits are required for all overnight trips, including climbing bivouacs, all through-hikes of The Narrows and its tributaries, all canyons requiring the use of descending gear or ropes, and all trips into Left Fork (The Subway). All permits (including those with reservations and those awarded through the lottery) must be obtained in person on the day before or day of the trip at the Zion Canyon or Kolob Canyons Visitor Centers. Use the park's online reservation system to help you plan ahead and save time at www.nps.gov/zion/planyourvisit/wilderness.htm.

GET A PERMIT

There are several ways to obtain a permit for your trip into the Zion Wilderness. Over half of all available permits are secured using the advance reservation system. The remaining permits are obtained through the Last Minute Drawing (canyoneering day trips) or as Walk-in Permits (backpacking trips).

CALENDAR RESERVATIONS

All visitors can reserve a wide variety of canyoneering, camping, and climbing

trips using the online reservation system. Please note that calendar reservations are not permits. Visitors with calendar reservations must pick up their permits at either the Zion Canyon or Kolob Canyons Visitor Center before beginning their trip.

MAKING A CALENDAR RESERVATION

Reservations are available online during a three month time frame. On the fifth day of every month at 10:00 am MT, reservations for the next month become available. If they are still available, reservations can be made until 5:00 pm MT on the day before your trip.

There is a \$5.00 non-refundable fee for an online calendar reservation, and there is an additional charge for a permit that is determined by the size of your group.

Many of the permits for Left Fork (The Subway) and Mystery Canyon are secured through the Advance Lottery prior to calendar reservations becoming available.

ADVANCE LOTTERY RESERVATIONS

The Advance Lottery is for trips through Left Fork (The Subway) and Mystery Canyon. Due to the popularity of these areas, the park created an online lottery for reservations. The Advance Lottery does not run from November through March due to a low demand for permits.

Advance Lottery applications are completed online. Entries must be submitted three months prior to your planned trip. Entries are limited to one request per individual per canyon per month. Entrants can request three prioritized dates. The non-refundable lottery application fee is \$5.00.

Applicants will be sent a notification email on the fifth day of the following month with information about the status of their request. If a reservation is awarded, the permit must be obtained before the trip at a park visitor center.

Occasionally, a few spaces remain after the Advance Lottery has been held. These spaces can be reserved through the Calendar Reservations system.

LAST MINUTE DRAWING RESERVATIONS

All visitors can apply for the Last Minute Drawing for canyoneering day trips. The Last Minute Drawing eliminates the need to wait in long lines for last minute permits. When a slot canyon day trip is fully booked online through the

Calendar Reservations system or the Advance Lottery, the Last Minute Drawing becomes an option. Individuals can submit an application for the Last Minute Drawing to obtain any remaining reservations for permits. The Last Minute Drawing is limited to one request per individual per canyon.

Last Minute Drawing applications are completed online. Entries can be submitted as early as one week prior to a trip date until two days before at noon MT. The drawing is held at 1:00 pm MT, two days before a trip date. Any spaces not taken through the drawing will be available as Walk-in Permits the day before a trip date.

Applicants will be sent a notification email with information about the status of their request. If a reservation is awarded, the permit must be obtained before the trip at a park visitor center.

WALK-IN PERMITS

About one-third of wilderness campsites are not available through the reservation system. They are made available as Walk-in Permits and can be obtained the day before your trip starts. Any slot canyon or climbing permits not taken through the reservation system are available as Walk-in Permits. Wilderness campsites, climbing areas, and slot canyons that are not listed in the reservation system, are only available as Walk-in Permits. Plan ahead and obtain a reservation to avoid any disappointment.

ZION EXPRESS MEMBERSHIP

Zion Express Membership allows members, who obtain a reservation in their account, to convert it to a permit online, three days before their trip. The entire permit process can be completed online. Zion Express Membership is recommended for frequent visitors.

The benefits of membership include:

- No cost to enroll.
- No waiting in line to pick up permit.
- No need to coordinate with Wilderness Desk hours of operation.
- Greater flexibility in planning (allows for early starts and late finishes)
- Reservation fees are applied to the cost of the permit.
- Membership is valid for three years.

To become a Zion Express Member, visit the Zion Canyon Wilderness Desk to complete a short orientation and sign a program agreement form.

Reservation Dates

For a trip in	Calendar reservations are available on
March	January 5
April	February 5
May	March 5
June	April 5
July	May 5
August	June 5
September	July 5
October	August 5
November	September 5
December	October 5
January	November 5
February	December 5

For Left Fork (The Subway) or Mystery Canyon, please read the Advance Lottery Reservations section on this page.

GROUP SIZE LIMITS

Large groups result in larger impacts. All groups traveling into the Zion Wilderness must follow the group size limit for that area. These limits apply to all trips into the park's wilderness including trips that do not require a permit. Wilderness trails have a group size limit of 12, but many canyoneering areas are limited to 6.

Group size limits are strictly enforced. Permits will be denied and violators will be cited if limits are exceeded.


Groups are limited to a maximum of 6 or 12 people that share the same affiliation (e.g., school, club, scout troop, family, and friends). Groups that exceed these limits may not split up and visit the same drainage, route, or wilderness trail on the same day, but may split up and visit different areas.

Group size limits do not apply to most trails in Zion Canyon, including the Emerald Pools Trails, Angels Landing, Riverside Walk, Watchman Trail, and The Narrows below the junction with Orderville Canyon.

Permit Fees

Fees help cover the costs of issuing permits, wilderness patrols, resource monitoring, and trail repairs. Fees are non-refundable and based on group size.

- \$10.00 for 1 to 2 people
- \$15.00 for 3 to 7 people
- \$20.00 for 8 to 12 people



National Park Service
U.S. Department of the Interior

Zion National Park

Superintendent
Jeff Bradybaugh

Mailing Address
Zion National Park
Springdale, UT 84767

Park Information
435 772-3256

Wilderness Information
435 772-0170

Website
www.nps.gov/zion

E-mail
zion_park_information@nps.gov

Lost and Found
Report at any visitor center

Emergencies
911 or 435 772-3322

Wildlife



You will encounter wildlife while in the wilderness. Be aware that wild animals can be unpredictable. Do not approach or attempt to move sick or injured wildlife. Please report any encounters with aggressive, sick, or injured animals to a park ranger.

RESPECT WILDLIFE

Please keep all animals wild and healthy by viewing them from a safe distance. Do not feed or touch wildlife. Store food and trash responsibly.

MOUNTAIN LIONS

Mountain lions are wild animals and can be dangerous. They have been seen in the park. An attack is unlikely, and the park has never had a reported attack on people or pets. However, mountain lions have attacked in other wilderness areas.

- Watch children closely, and never let them run ahead or lag behind.
- Solo hiking is not encouraged.
- Never approach a mountain lion. Most will avoid a confrontation. Always give them a route to escape.
- Do not run. Try to look large and put your arms up.
- If a mountain lion approaches, wave your arms, shout, and throw rocks or sticks at it.
- If attacked, fight back.



Flash floods can be extremely violent. The strength of the water can tumble logs and large boulders. A hiker caught in a flash flood like this would not survive.

Climate												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Temperature (°F)												
Average high	54	59	66	75	86	95	100	99	91	79	64	54
Average low	30	34	39	45	54	63	70	68	61	48	37	30
Record high	73	90	91	95	106	114	115	111	110	99	86	81
Record low	−15	0	10	21	19	36	41	36	33	18	6	−5
Days above 100°F	0	0	0	0	0	6	16	10	2	0	0	0
Days below 32°F	20	13	9	3	0	0	0	0	0	1	10	18
Precipitation (inches)												
Average	1.8	2.0	2.0	1.3	0.7	0.3	1.2	1.5	1.0	1.3	1.4	1.6
Record high	9.3	6.7	7.1	5.4	3.0	4.0	4.9	5.1	6.7	5.5	4.0	4.7
Record daily snowfall	12.5	8.0	7.2	4.0	4.0	1.0	0.0	0.0	0.0	3.0	4.5	8.0
Days with thunderstorms	0.0	0.0	0.0	1.0	4.0	5.0	14.0	15.0	5.0	2.0	0.0	0.0
Temperatures at higher elevations, including the Kolob Canyons area of the park, may be 5 to 10 degrees cooler than Zion Canyon.												

Weather



SPRING

As the park warms, more areas of the wilderness become accessible. One of the first areas without snow is the Southwest Desert of the park. La Verkin Creek is often snow free by mid-March, and the East and West Rims are usually snow free by early April. In an average year, high water due to snowmelt makes The Narrows impassable until late May.

SUMMER

Zion National Park is hot through the summer months with temperatures regularly exceeding 100°F. Even higher

elevation areas such as the Kolob Canyons and West Rim can see high temperatures in excess of 90°F. Visitors must pay constant attention to the possibility of thunderstorms and lightning. The park typically experiences a monsoon season from mid-July through mid-September with an increased risk of severe thunderstorms and dramatic flash flooding.

FALL

The brilliant autumn colors and cooler temperatures can make the fall an ideal time for backpacking trips in the park. Canyoneering trips through The Narrows and other slot canyons are

best if completed prior to mid-October when cooler temperatures may require wetsuits and other specialized gear.

WINTER

Much of Zion National Park is snow-covered through the winter months. All trails, even at lower elevations, can be ice-covered and traction devices are highly recommended. In winter, sections of the Kolob Terrace Road are not plowed. Snow causes closures of the Kolob Terrace Road near the Hop Valley Trailhead throughout the winter, as well as periodic closures of the Kolob Canyons Road. Recreational use is limited to skis and snowshoes.

Flash Floods



All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. By entering a narrow canyon you are assuming a risk.

During a flash flood, the water level rises quickly, within minutes or even seconds. A flash flood can rush down a canyon in a wall of water 12 feet high or more.

BE PREPARED

Before starting your trip, pay close attention to the weather forecast and the Flash Flood Potential Rating for the park. If bad weather threatens, do not enter a narrow canyon. Whether hiking, climbing, or canyoneering, your safety depends on your own good judgment, adequate preparation, and constant attention to your surroundings. Your safety is your responsibility.

FLASH FLOOD POTENTIAL RATINGS

In the summer, the National Weather Service issues a daily Flash Flood Potential Rating for multiple areas in Utah. Zion has worked in partnership with the National Weather Service to create specific Flash Flood Potential Ratings for Zion National Park’s unique environment and terrain. These flash flood ratings predict the severity of the flooding that is expected to occur within the park.


- Dry: Flash flooding is not expected.
- Low: Flash flooding is possible. Some slot canyons may experience flash flooding.
- Moderate: Flash flooding is probable. Some slot canyons are expected to experience flash flooding.
- High: Flash flooding is expected. Many slot canyons are expected to experience flash flooding.

Watch for these indications of a possible flash flood:

- Any deterioration in weather conditions
- Build up of clouds or sounds of thunder
- Sudden changes in water clarity from clear to muddy
- Floating debris
- Rising water levels or stronger currents
- Increasing roar of water upcanyon


If you observe any of these signs, seek higher ground immediately—even climbing a few feet may save your life. Remain on high ground until conditions improve. Water levels usually drop within 24 hours. Flash floods can occur in the park during periods of low flash flood potential. A moderate or higher flash flood potential is a serious cause for concern. Slot canyons will be closed if a Flash Flood Warning is issued. The canyons will reopen two hours after the Flash Flood Warning has expired.

Emergencies



For 24-hour emergency response, call 911 or 435-772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call 435-772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

Transportation




ZION CANYON SHUTTLE
Travel in Zion Canyon from March 15 to October 25 and on weekends in November is by shuttle bus only. The buses are accessible and have room for backpacks, climbing gear, and bicycles. The buses are free and you may get on and off as often as you like. Pets are not allowed.


Plan your trip to include the shuttle. For instance, if your hike ends at a trailhead in Zion Canyon, time your trip so you will not miss the last shuttle of the day.




AUTOMOBILES
Private vehicles are not permitted on the Zion Canyon Scenic Drive from March 15 to October 25 and on weekends in November. The Zion-Mt. Carmel Highway and other park roads are open to private vehicles.



PRIVATE TAXIS
You may choose to complete your hike at a different location from your starting point. Other shuttle and taxi services are available. Please inquire at the Wilderness Desk.



BICYCLES
Bicycles are not permitted in the wilderness. Bicycles may travel on roadways and on the Pa’rus Trail. Shuttles will not pass moving bicycles. Pull over to allow a bus to pass. Do not pass a moving shuttle. Shuttles have racks for bicycles. Bicycles are not permitted in the Zion-Mt. Carmel Tunnel.



OTHER VEHICLES
ATVs and OHVs are not permitted in the park. Access to private property by snowmobile is allowed.


Shuttle Schedule			
	Spring 3/15 to 5/16	Summer 5/17 to 9/26	Fall 9/27 to 10/25
Zion Canyon Shuttle			
First Bus from Zion Canyon Visitor Center	7:00 am	6:00 am	7:00 am
Last Bus to Springdale Shuttle from Temple of Sinawava from Zion Lodge	7:45 pm 8:00 pm	8:45 pm 9:00 pm	6:45 pm 7:00 pm
Last Bus from Zion Canyon Visitor Center from Temple of Sinawava	7:45 pm 8:30 pm	8:30 pm 9:15 pm	6:45 pm 7:30 pm
Springdale Shuttle			
First Bus from Majestic View Lodge from Zion Canyon Theatre	8:10 am 8:30 am	7:10 am 7:30 am	8:10 am 8:30 am
Last Bus to Zion Canyon Shuttle from Majestic View Lodge	7:25 pm	8:00 pm	6:15 pm
Last Bus from Zion Canyon Theatre from Majestic View Lodge	8:30 pm 8:45 pm	9:30 pm 9:45 pm	7:30 pm 7:45 pm
The average wait for a shuttle bus is fifteen minutes or less. The wait is longer in the morning and evening, but shorter during peak hours. Shuttles will also operate on weekends in November, with additional service on Thanksgiving Day and Friday. The Shuttle Schedule is subject to change. Please check your Map and Guide for current information.			

Safety



STEEP CLIFFS
Falls from cliffs on trails have resulted in deaths. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks, as there may be hikers below you. Trails can be snow and ice covered in winter.

- Stay on the trail.
- Stay back from cliff edges.
- Observe posted warnings.
- Please watch children.



WATER
The desert is an extreme environment. Carry enough water, one gallon per person per day, and drink it. Water is available at visitor centers, campgrounds, and the Zion Lodge. Water flow at natural springs can vary, check for information at visitor centers. Do not drink untreated water. Water collected in the wilderness is not safe to drink without treatment. There are two safe methods to treat water.

BOIL WATER
Bring water to a rolling boil for one minute. Add one minute for each 1,000 feet above sea level.


FILTER AND DISINFECT WATER
Filter through an “absolute” 1 micron filter, or one labeled as meeting ANSI/ NSF International Standard #53. Then add eight drops of liquid chlorine bleach, or four drops of iodine, per gallon of water and let stand for 30 minutes.



HEAT EXHAUSTION
Heat exhaustion occurs when the body loses more fluid than is taken in. Signs of heat exhaustion include nausea, vomiting, fatigue, headaches, pale appearance, stomach cramps, and cool clammy skin. If a member of your party begins to experience any of these symptoms, stop your hike immediately. Find a cool, shady area and rest with your feet up to distribute fluids throughout your body. It is important to drink fluids, but it is also important to eat. Drinking lots of fluids and not eating, while suffering from heat exhaustion, can lead to a potentially dangerous condition of low blood salt. If heat exhaustion symptoms persist for more than two hours, seek medical help.

Heat stroke is an advanced stage of heat exhaustion. It is the body’s inability to cool itself. Symptoms include confusion,

disorientation, behavior changes, and seizures. If you believe that a member of your party is suffering from heat stroke, it is imperative to cool them using any available means and obtain immediate medical assistance.




HYPOTHERMIA
Hypothermia occurs when the body is cooled to dangerous levels. It is the number one killer of outdoor recreationists, even in summer, and it usually happens without the victim’s awareness. It is a hazard in narrow canyons because immersion in water is the quickest route to body heat loss. To prevent hypothermia, avoid cotton clothing (it provides no insulation when wet) and eat high-energy food before you are chilled. The signs of hypothermia include:

- Uncontrollable shivering
- Stumbling and poor coordination
- Fatigue and weakness
- Confusion or slurred speech

If you recognize any of these signs, stop hiking and immediately replace wet clothing with dry clothing. Warm the victim with your own body and a warm drink, and shelter the individual from breezes. A pre-warmed sleeping bag will also help prevent further heat loss.



PETS
Pets are not allowed on wilderness trails or on the shuttle buses. Even well-behaved pets may disrupt wildlife and other visitors. Do not leave pets in vehicles. Boarding kennels are available in Rockville, Kanab, Hurricane, St. George, and Cedar City.



FIREARMS
Firearms are permitted in Zion National Park. As of February 22, 2010, a new federal law allows people who can legally possess firearms under federal, Utah, and local laws, to possess firearms in the park. It is the visitor’s responsibility to understand and comply with all applicable Utah, local, and federal firearms laws. Federal law prohibits firearms in certain facilities in Zion National Park, which are posted with signs. The discharge of firearms and hunting within the park are prohibited. Utah state law prohibits the open carry of loaded firearms on park shuttle buses.

Canyoneering Safety

Multi-system trauma caused by a rappelling accident.



Dislocated knee caused by down climbing.



Injured ankle caused by a fall.



Lower leg injury caused by a jumping accident.



Injured ankle caused by a fall.



Canyoneers off route and unable to continue.



ALWAYS HAVE A PLAN B

There is no substitute for planning ahead, taking the proper equipment, having the right skills, and using

sound judgment. Be prepared to take care of yourself and your group by resolving any difficulties that may arise. Rescue is not a certainty. If rescue is possible, it will take hours or days to remove an injured hiker from the wilderness.

PINE CREEK CANYON

On November 15, 2014, a group of three was rappelling through Pine Creek Canyon. A member of the party jumped off an obstacle about five feet high into a pool of water. He believed that the pool was deep enough to cushion his fall, but landed on a hidden ledge. The 36-year-old man suffered from a significant lower leg injury. The patient was less than half a mile from a road, but the technical rope rescue necessary to extract him from the canyon required six hours and 14 rescuers. Lower leg fractures are the most common injuries suffered in the wilderness. The most common cause of lower leg injuries is jumping. Do not jump. Bring a rope and use it.

THE NARROWS

On the morning of September 27, 2014, two men hiked into the lower end of The Narrows. There was a 90% chance of rain that day, and the flash flood potential rating indicated that flash flooding was expected. Heavy rain began mid-morning and lasted through most of the day. The volume of the river increased to 40 times its early morning flow. The men were trapped on separate sand bars 200 feet apart. One of the men somehow survived a swim to the end of the Riverside Walk. The other man was killed by the flood. Always check the weather before your trip. If bad weather threatens, do not enter a canyon. If you observe any signs of a possible flood, climb to high ground and remain there until water levels drop.

UNNAMED EAST SIDE CANYON

On October 1, 2014, two men attempted a remote canyon on the east side of the park. They attempted to follow a route description and topographic map but

found few matching land marks. They found worn webbing at the head of a canyon and decided to make the first rappel. They discovered that the canyon they entered was not their intended route, but they were able to continue through the canyon to The Narrows. The two men exited in the middle of the night. The ability to travel after dark can make the difference between an unintentional night in a canyon and sleeping in a warm bed. These men were able to complete their trip because they carried head lamps.

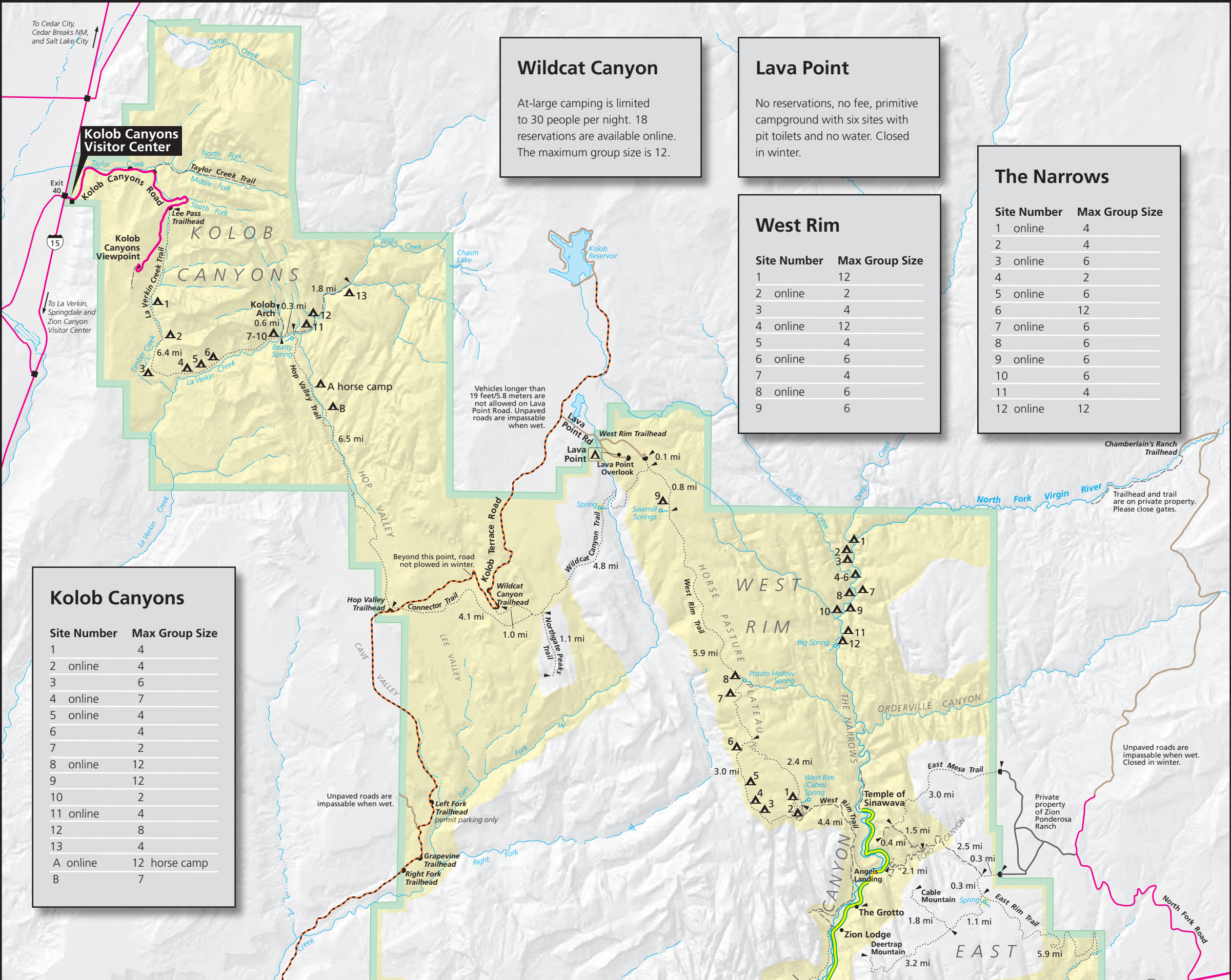
Stories such as this occur on a weekly basis in the Zion Wilderness. The first rappel is a critical decision point during a canyoneering trip. Once you pull your rope, you are committed. You must complete the canyon whether it is the canyon you intended to enter or not.

REFRIGERATOR CANYON

On September 20, 2014, a group of eight people, including a thirteen-year-old boy, attempted the Refrigerator Canyon route. The boy attempted to rest by tying off his rappel device when he was about 40 feet off of the ground. He lost control while completing the tie off and fell 20 to 40 feet. A prussic caught him before he impacted the ground, but he still suffered back and chest injuries.

The boy's prussic backup prevented more serious injuries. Do you have a backup for all party members? Can all members of your group stop mid-rappel or ascend a short distance to correct a problem? If not, consider taking a canyoneering course before heading out on your own.

Zion National Park



Wildcat Canyon

At-large camping is limited to 30 people per night. 18 reservations are available online. The maximum group size is 12.

Lava Point

No reservations, no fee, primitive campground with six sites with pit toilets and no water. Closed in winter.

The Narrows

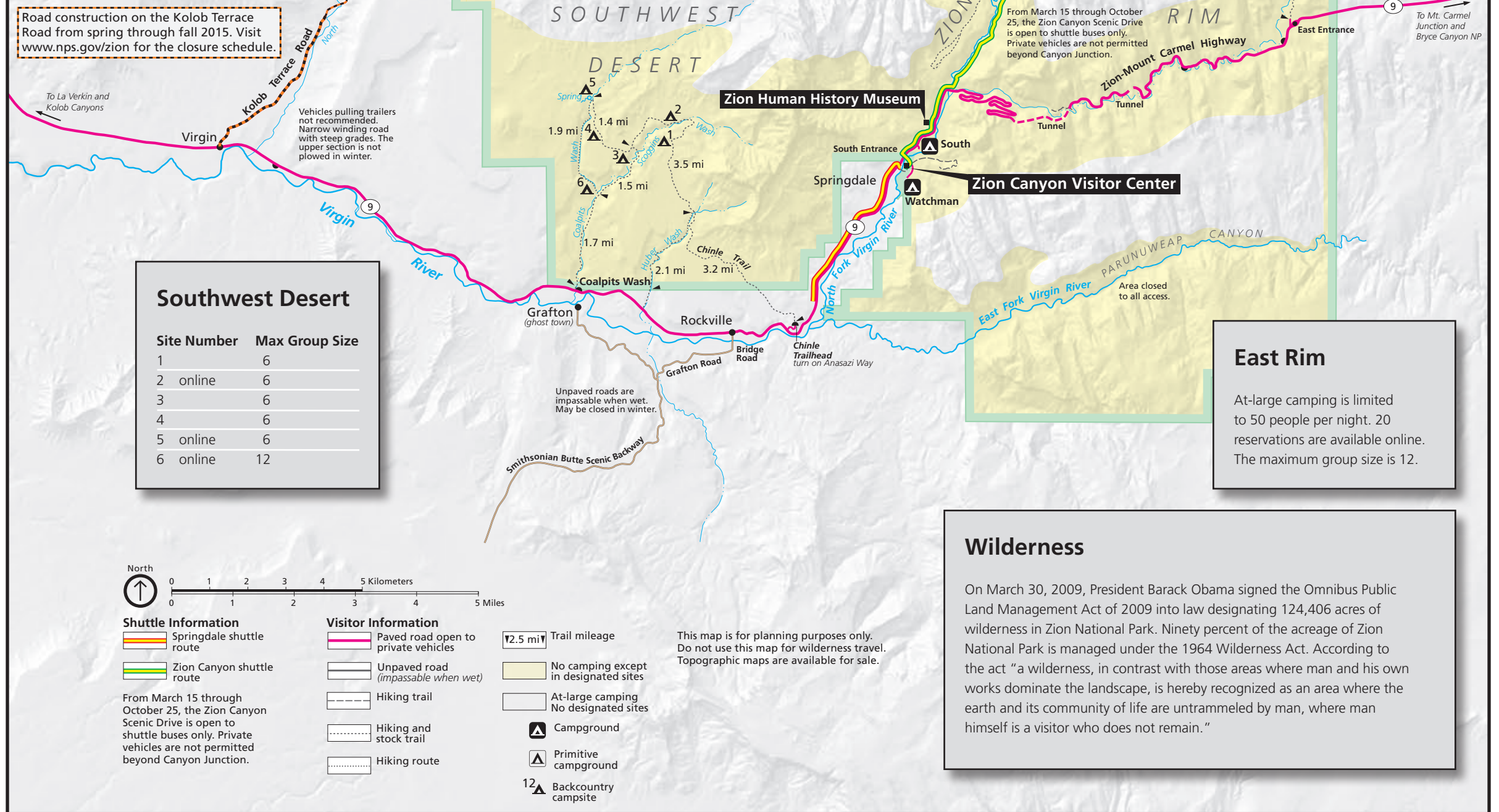
Site Number	Max Group Size
1	online 4
2	4
3	online 6
4	2
5	online 6
6	12
7	online 6
8	6
9	online 6
10	6
11	4
12	online 12

West Rim

Site Number	Max Group Size
1	12
2	online 2
3	4
4	online 12
5	4
6	online 6
7	4
8	online 6
9	6

Kolob Canyons

Site Number	Max Group Size
1	4
2	online 4
3	6
4	online 7
5	online 4
6	4
7	2
8	online 12
9	12
10	2
11	online 4
12	8
13	4
A	online 12 horse camp
B	7



Zion National Park’s wilderness is managed using standards that were developed to measure the health of natural resources and to determine the number of encounters people considered desirable and acceptable while experiencing wilderness. These two standards were combined with existing management zones to create overall use limits and group size limits. The use limits are evaluated each year, and may change as conditions warrant.

Area	Total Use Limit	Advance Reservations	Last Minute Drawing	Group Size Limit
Behunin Canyon*	12 people per day	6 people per day	6 people per day	6
Echo Canyon*	12 people per day	6 people per day	6 people per day	6
Keyhole Canyon	80 people per day	60 people per day	20 people per day	12
Left Fork (The Subway)	80 people per day	60 people per day	20 people per day	12
Mystery Canyon	12 people per day	6 people per day	6 people per day	6
Orderville Canyon*	50 people per day	30 people per day	20 people per day	12
Pine Creek Canyon*	50 people per day	30 people per day	20 people per day	12
Spry Canyon	20 people per day	14 people per day	6 people per day	6
The Narrows	40 people per day	24 people per day	16 people per day	12

*Total use limits are reduced from March through August for wildlife protection.

Backpacking



Zion National Park has a number of trails in a variety of landscapes for backpackers to explore. Backpackers in the Zion Wilderness can camp in designated campsites or in at-large areas on Zion's high plateaus, in the low desert shrublands, or next to a river in a narrow canyon.

When planning your trip, consider your interests, time, and ability. There is no perfect trail. Use the Wilderness Guide, other guidebooks, and topographic maps to plan the best trip for you during your visit. Please refer to the map for campsite locations.

WEST RIM TRAIL

Late spring and fall are ideal times for hiking the West Rim. Temperatures are usually ten to fifteen degrees cooler than Zion Canyon. The trail is typically snow covered from December through April.

The West Rim Trail traces a series of canyon rims with panoramic views. A difficult but rewarding one-night backpacking trip can be accomplished by hiking from The Grotto to one of the campsites near Cabin Spring. The trip is five miles one way, with 2,500 feet of elevation gain. A more moderate one-night trip descends from Lava Point to campsites near Potato Hollow.

Water may be available at Cabin, Potato Hollow, and Sawmill Springs. Check at visitor centers for availability.

EAST RIM TRAIL

This trail begins at the east entrance of the park and climbs 1,000 feet onto the plateau with views into Jolley Gulch and several small canyons. There are sweeping views of the surrounding terrain before entering a high desert ponderosa forest. As you near the east rim of Zion Canyon, the trail begins a 2,300-foot descent through Echo Canyon, ultimately ending at the Weeping Rock Trailhead.

Water may be available at Stave Spring. Check at visitor centers for availability.

SOUTHWEST DESERT

The Chinle Trail crosses the open desert as it winds toward the base of Mount Kinesava. The trail offers spectacular views of the West Temple and Mount Kinesava. The Chinle Trail can be very hot in the summer, but mild in the spring

and fall. Coalpits Wash has no developed trail, but there is a well-worn path to the junction with Scoggins Wash.

Water may be available at Coalpits Spring. Check at visitor centers for availability.

LA VERKIN CREEK TRAIL

Spring and fall are ideal seasons for hiking in La Verkin Creek. Temperatures are typically 5 to 10 degrees cooler than Zion Canyon. Trails in the Kolob Canyons area of the park are frequently snow covered in winter.

The La Verkin Creek Trail begins at the Lee Pass Trailhead and descends past the finger canyons of the nearby cliffs to Timber Creek. The trail follows the creek downstream until it reaches La Verkin Creek, where the trail starts to gain elevation. As the canyon narrows, you receive stunning views of the surrounding cliffs. The trail from Lee Pass to Kolob Arch is seven miles.

Water may be available at Beatty Spring. Check at visitor centers for availability.

OTHER TRAILS AND ROUTES

The map shows the locations where camping is limited to designated campsites, including The Narrows, West Rim, La Verkin Creek, and the Southwest Desert. In other areas, at-large camping is permitted. Online reservations are available for at-large camping on the East Rim and in Wildcat Canyon.

Water and maintained trails are not always available in the at-large camping areas. Permits are required and visitors must camp one mile from roads, out of sight of trails, and one-quarter mile from any springs.

EXTENDED TRIPS

Trips up to 50 miles in length can be made in Zion National Park's wilderness by combining the La Verkin Creek, Hop Valley, Wildcat Canyon, West Rim, and East Rim Trails. These routes cross several roads, so many variations to your trip are possible. A vehicle shuttle may be necessary. Backpackers that intend to camp in multiple locations need to make a separate reservation for each location.



FIRES

Campfires are not allowed in the wilderness. Please use a gas stove.



Stock Use



Horses traditionally have been used to explore Zion National Park. Allowed stock animals include horses, mules, and burros. Llamas, dogs, goats, camels, and others are not allowed.

Permits are not required for day trips. However, stock are prohibited during spring thaws, unusually wet periods, or times when their use would cause trail damage. Maximum group size is six animals.

TRAILS

Where trails are present, stock animals must remain on trails. Free trailing or loose herding is not allowed. Maintain a slow walk when passing hikers. When

standing, stock must be kept at least 100 feet from drainages.

Check the map on pages 6 and 7 for trails open to stock use. Off-trail use is permitted only in Lower Coalpits Wash from the trailhead to the junction with Scoggins Wash, in Scoggins Wash, and in Huber Wash.

OVERNIGHT TRIPS

The only overnight stock camp is Hop Valley Site A and your stay is limited to one night. A permit is required. Stock must be hobbled or tethered to reduce damage to vegetation.

To reduce the spread of noxious and exotic weeds, stock must be fed certified weed-free hay two days prior to the trip.

Canyoneering



Canyoneering combines route finding, rappelling, problem solving, hiking, and swimming. Zion National Park is one of the premier places in the country to participate in this exciting activity. With dozens of different canyons to explore, some barely wide enough for a human to squeeze through, the park offers opportunities that range from trips for beginners to experiences requiring advanced technical skills.

A short trip into the lower end of The Narrows from the Temple of Sinawava is a great introduction to the slot canyons of the park. For those with expertise and experience, The Subway and Orderville Canyon offer opportunities for route finding, swimming, and short rappels.

MINIMUM IMPACT CANYONEERING

Travel on durable surfaces, like slickrock, river bottoms, or drainages. Avoid steep, sandy, or erodible slopes.

Carry solid waste disposal bags and pack out everything, including toilet paper. Don't bury it, burn it, or leave it.

Prevent bottlenecks. If a faster group catches up to you, allow them to pass.

Avoid bolting. Bolts should only be placed as a last result. Only use a bolt if there are no other safe options for creating an anchor. If bolts are used, they should be placed so that they will last for many years and will avoid scarring on the rock caused by rope pulls.

There are several items that you should bring on every canyoneering trip in Zion National Park.

BACKUP EQUIPMENT

The ability to stop, move up, or down while hanging mid-rope is a lifesaving skill that must be learned before you need it. Can you create extra friction? Do you have ascenders? Can you belay the less experienced members of your group?

WEATHER & FLASH FLOOD POTENTIAL

Carefully evaluate the forecast and flash flood potential before entering a narrow canyon. Remember that a 30 percent chance of rain means that 30 percent of the forecasted area will receive measurable precipitation. Continuously evaluate weather conditions. If bad weather threatens, avoid traveling in a slot canyon. If you are in a slot canyon, find higher ground and wait for conditions to improve.

MAP AND ROUTE DESCRIPTION

You must have and use them. Carefully assess your location before beginning your first rappel.

ANCHOR EQUIPMENT

Can you replace webbing if it is worn? Can you create a new anchor if needed?

EXTRA CLOTHING

Could you spend an unexpected night in the canyon?

EXTRA FOOD

Food keeps your energy up and helps you stay warm if you remain out overnight.

WATER

Drink a minimum of one gallon per person per day.

FLASHLIGHT / HEADLAMP

Every week, canyoneers spend unintended nights camped in the wilderness of the park. A headlamp could make the difference between spending the night in the canyon and making it out.

HELMET

Rock falls can cause severe injuries.

FIRST AID KIT

Even a minor injury can cause major problems in the wilderness.

Remember, even the most reliable cell phones and GPS units rarely work in the narrow canyons of Zion National Park.

Climbing



Zion National Park's 2,000-foot sandstone cliffs are world renowned for their big wall climbs.

Due to their difficulty, most routes in the park are not recommended for inexperienced climbers. There are few top roping areas and no sport climbs. Permits are not required for day climbs, but they are required for all overnight bivouacs. It is illegal to camp at the base of the wall or in your vehicle. Detailed route descriptions are available at wilderness desks.

ROUTE CLOSURES

Some rock formations and routes are closed to climbing from March through August each year to protect nesting peregrine falcons. Some areas that are routinely closed include the Great White Throne, Cable Mountain, Court of the Patriarchs, and Angels Landing. Check at the visitor center or visit www.nps.gov/zion for current closure information.

MINIMUM IMPACT CLIMBING

Many of the park's routes are now going clean. Avoid using pitons and hammers where they are not needed. Excess bolting is discouraged and the use of power drills to place bolts is prohibited. When approaching a climb, please use established trails. Never climb directly above trails where hikers may be hit by dislodged rocks. Tube or bag human waste and carry it out. Do not drop your waste.

River Trips



All watercraft use in the park requires a wilderness permit. Permits are issued when the river is flowing in excess of 150 cubic feet per second. Watercraft must be specifically designed for whitewater use. Operators must be equipped with approved personal flotation devices. Kayak trips through The Narrows should only be attempted by expert paddlers who are prepared to survive without assistance for multiple days. Permits for kayaking through The Narrows will not be issued on the day of the trip and must be obtained the day before. An early start to this trip is needed. Inner tubes are not permitted at any time on any watercourse within the park.



Keyhole Canyon

NPS



The Narrows



The Virgin River has carved a spectacular gorge in the upper reaches of Zion Canyon: 16 miles long, up to 2,000-feet

deep, and at times only 20 to 30-feet wide. The Narrows, with its soaring walls, sandstone grottos, natural springs, and hanging gardens can be an unforgettable wilderness experience.

The Narrow is not a hike to be underestimated. Hiking The Narrows means hiking in the Virgin River. At least 60 percent of the hike is spent wading, walking, and sometimes swimming in the river. There is no maintained trail because the route is the river. The current is swift, the water is cold, and the rocks underfoot are slippery. Flash flooding and hypothermia are constant dangers. Good planning, proper equipment, and sound judgment are essential for a safe and successful trip. Your safety is your responsibility.

GROUP SIZE LIMIT

Large groups produce increased impacts on the wilderness. Group size is limited to a maximum of 12 people sharing the same affiliation (e.g., school, club, scout troop, family, and friends) in the same

drainage, route, or wilderness trail on the same day. Group size limits are strictly enforced. Permits will be denied and violators cited, if limits are exceeded.

WHEN TO HIKE THE NARROWS

Entering The Narrows is safest when the forecast has little chance of rain and the river is low, clear, and relatively warm. Conditions change from day to day and are impossible to predict. Check at the Zion Canyon Visitor Center for the latest weather forecast and possible advisories. Permits are not issued when the flow is 120 cubic feet per second (cfs) or greater. Flash floods can occur any time, but are more common in mid-summer and early fall. From November through May, trips through The Narrows require wetsuits, or even drysuits, and special cold weather preparation. Spring snowmelt frequently causes the river to run at dangerously high levels from March to early June.

DAY HIKE FROM THE BOTTOM AND BACK

To experience The Narrows, start at the Temple of Sinawava and hike one mile to the end of the Riverside Walk and wade into the river. In less than a mile, you will be hiking in one of the narrowest sections of the canyon. There is not a formal destination, and you will return the same

way you came. Some hikers try to reach Orderville Canyon, a tributary roughly two hours upstream from the end of the trail. Travel upstream into Orderville Canyon or beyond Big Spring is prohibited. No permit is required for this day hike. Groups size limits apply beyond the junction with Orderville Canyon.

DAY HIKE FROM TOP TO BOTTOM

Walking the entire length of The Narrows can be a grueling experience. Under favorable conditions, the 16-mile route takes an average of 12 hours. Even for well-conditioned hikers, this makes for a long and strenuous day.

The trailhead at Chamberlain's Ranch is a 1.5-hour drive from the Temple of Sinawava. Two vehicles or a shuttle is necessary. A wilderness permit is required. Group size limits apply.

OVERNIGHT HIKE FROM TOP TO BOTTOM

To enjoy The Narrows at a more leisurely pace, some visitors choose to spend a night in the gorge. There are twelve numbered sites. Only one-night stays are allowed, and overnight trips must start from Chamberlain's Ranch. Reservations are recommended for weekend trips. Campsite capacity is limited and only two sites can accommodate groups of more than six people.

TRANSPORTATION

If you are planning to hike The Narrows from top to bottom, there are a couple of transportation options:

- If you have two vehicles, you can shuttle yourself by parking one vehicle at Chamberlain's Ranch and the other at the Zion Canyon Visitor Center.
- You may make arrangements with a local shuttle service.

At the end of your hike at the Temple of Sinawava, you must catch the Zion Canyon Shuttle to the visitor center. Plan your hike so you do not miss the last shuttle of the night.

DIRECTIONS TO CHAMBERLAIN'S RANCH

Chamberlain's Ranch is a 1.5-hour drive from Zion Canyon, along paved and dirt roads. The dirt roads are passable for normal cars only when dry. When wet, they may be impassable even for four-wheel drive vehicles. Snow closes the road in winter. From the park's East Entrance, drive 2.5 miles east on Route 9. Turn left on a paved road and continue 18 miles to a bridge that crosses the

North Fork of the Virgin River. Turn left beyond the bridge and drive one-quarter mile to the gate of Chamberlain's Ranch. Please close the gate behind you. Drive one-half mile farther and park just before the road crosses the river. To begin your hike, cross the river and follow the road for approximately 3 miles. Enter the river at the end of the road past the old cabin. Chamberlain's Ranch is a private ranch outside Zion National Park. Please respect private property.

FOOTWEAR

Hiking The Narrows is like walking on slippery bowling balls. It requires balancing on algae-coated rocks in the middle of a swiftly flowing river. Sturdy footwear is essential. Hiking boots with good ankle support are best. Sandals and bare feet are not appropriate. Inappropriate footwear often results in twisted ankles and crushed toes.

CLOTHING

Even in mid-summer The Narrows can be cool. The water is cold, breezes blow steadily, and very little sunlight penetrates to the canyon floor. Although you'll probably hike in shorts, take extra warm clothing. Clothing made of wool or synthetic fibers has the best insulation.

DRINKING WATER

Untreated water from the river and its springs is not safe to drink. It has passed over rangeland and may be contaminated with illness-causing bacteria. Treat the water you collect by filter, tablets, or by boiling. Hikers are encouraged to carry in all of their water. Drink one gallon of water per person per day.

FALLS

Even the most experienced hikers fall in The Narrows. Pack a walking stick for additional stability. It is also a good idea to waterproof your belongings. Many hikers line their packs with plastic bags. Smaller resealable bags provide extra protection for cameras and other items.

WATER DEPTH

The water level varies in The Narrows. Under ideal conditions, when flow is less than 70 cubic feet per second, most crossings are around knee-deep. Higher flows mean higher water, a stronger current, and may require wading in waist-deep water. Be prepared to swim. Even when the river is low, chest-deep holes are common. When possible, help the park protect fragile vegetation in The Narrows and hike in or near the river.



NPS/MARC NEIDIG

The Narrows Timetable

Chamberlain's Ranch	0:00 / 0.0 mi
Old Cabin	1:00 / 2.3 mi
First Narrows	3:30 / 6.1 mi
Waterfall	4:15 / 8.3 mi
Deep Creek	5:00 / 8.9 mi
Kolob Creek	5:45 / 9.8 mi
Goose Creek	6:35 / 10.9 mi
Big Spring	7:20 / 11.5 mi
Orderville Canyon	10:00 / 13.5 mi
Riverside Walk	11:50 / 15.1 mi
Temple of Sinawava	12:20 / 16.2 mi

Track your progress by recognizing side canyons like Deep Creek, Kolob Creek, and Big Spring. Watch closely for the mouth of Goose Creek.



Protect the Virgin River



With the increase in recreational use along Zion National Park's waterways, the National Park Service introduced a human waste disposal program for overnight users in The Narrows. An environmentally friendly human waste disposal bag, complete with use and disposal instructions, is provided to all party members with an overnight wilderness permit for The Narrows. It is a lightweight and sanitary way to pack out human waste.

The bag-within-a-bag design and interlocking closure securely contains waste and odor, while the blend of polymers breaks down the waste and transforms it into a deodorized gel. The contents of the disposal bag are safe for landfills and may be deposited in the trash. Use of this waste disposal system is required in The Narrows, and strongly encouraged for all hikers in all park slot canyons, to help protect the Virgin River and the drinking water for Springdale, Rockville, Virgin, La Verkin, Hurricane, St. George, and other communities downstream.



Left Fork (The Subway)



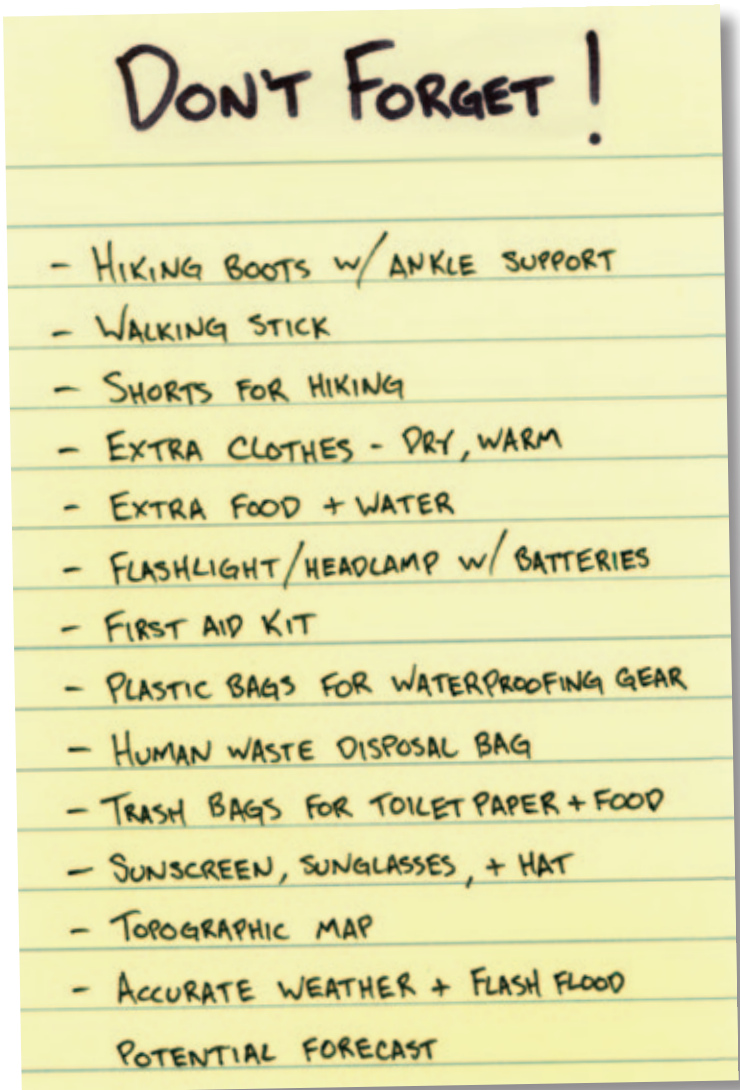
There are two ways to hike Left Fork (The Subway). Both trips involve extensive route finding. Visitors are encouraged to travel with an experienced hiker of Left Fork (The Subway) or obtain a detailed route description. Permits are required regardless of the direction of travel. Left Fork (The Subway) is a day-use area only.

FROM THE BOTTOM AND BACK

This strenuous 9-mile round-trip hike requires route finding, stream crossing, and scrambling over boulders. This hike begins and ends at the Left Fork Trailhead on the Kolob Terrace Road.

FROM THE TOP TO THE BOTTOM

This strenuous 9.5-mile hike requires rappelling skills, 60 feet of rope, and extensive route finding experience. The route also requires swimming through several deep pools of very cold debris-filled water. The trail begins at the Wildcat Canyon Trailhead and ends at the Left Fork Trailhead. Both trailheads are located on the Kolob Terrace Road north of Virgin, Utah.



Maps & Guides



ZION NATURAL HISTORY ASSOCIATION

The Zion Natural History Association sells maps and guides, as well as other books, at park visitor centers. ZNHA is a non-profit membership organization which supports the scientific, educational, historical, and interpretive activities of the park. Members receive a 20% discount.

AREA GUIDES

Hiking Zion and Bryce Canyon National Parks by Eric Molvar and Tamara Martin
An illustrated guide to the breathtaking slickrock canyons and towering cliffs of southwestern Utah.

Hiking the Southwest's Geology, Four Corners Region by Ralph Lee Hopkins
Information on 50 hikes includes the landscape and geologic features along each trail.

Favorite Hikes In & Around Zion National Park by Tanya Milligan and Bo Beck
Information about hikes within a 100-mile radius of Zion National Park.

Zion: Canyoneering by Tom Jones
Descriptions of trail hikes, off-trail hikes, and technical canyoneering routes.

Desert Rock by Eric Bjornstad
Rock climbing routes in National Parks of the Colorado Plateau.

Rock Climbing Utah: A Falcon Guide by Stewart M. Green
A guide for planning climbing trips in Utah.

Zion Climbing: Free and Clean by Bryan Bird
A climber's guide to Zion National Park.

HOW-TO BOOKS

Desert Hiking Tips by Bruce Grubbs
Covers desert tips from drinking water to flash floods.

Leave No Trace by Will Harmon
The official pocket-size Leave No Trace manual of the American Hiking Society.

Reading Weather by Jim Woodmency
Weather basics to help you avoid bad weather on your outdoor adventures.

Route Finding by Gregory Crouch
Pocket-sized guide to map and compass navigation.

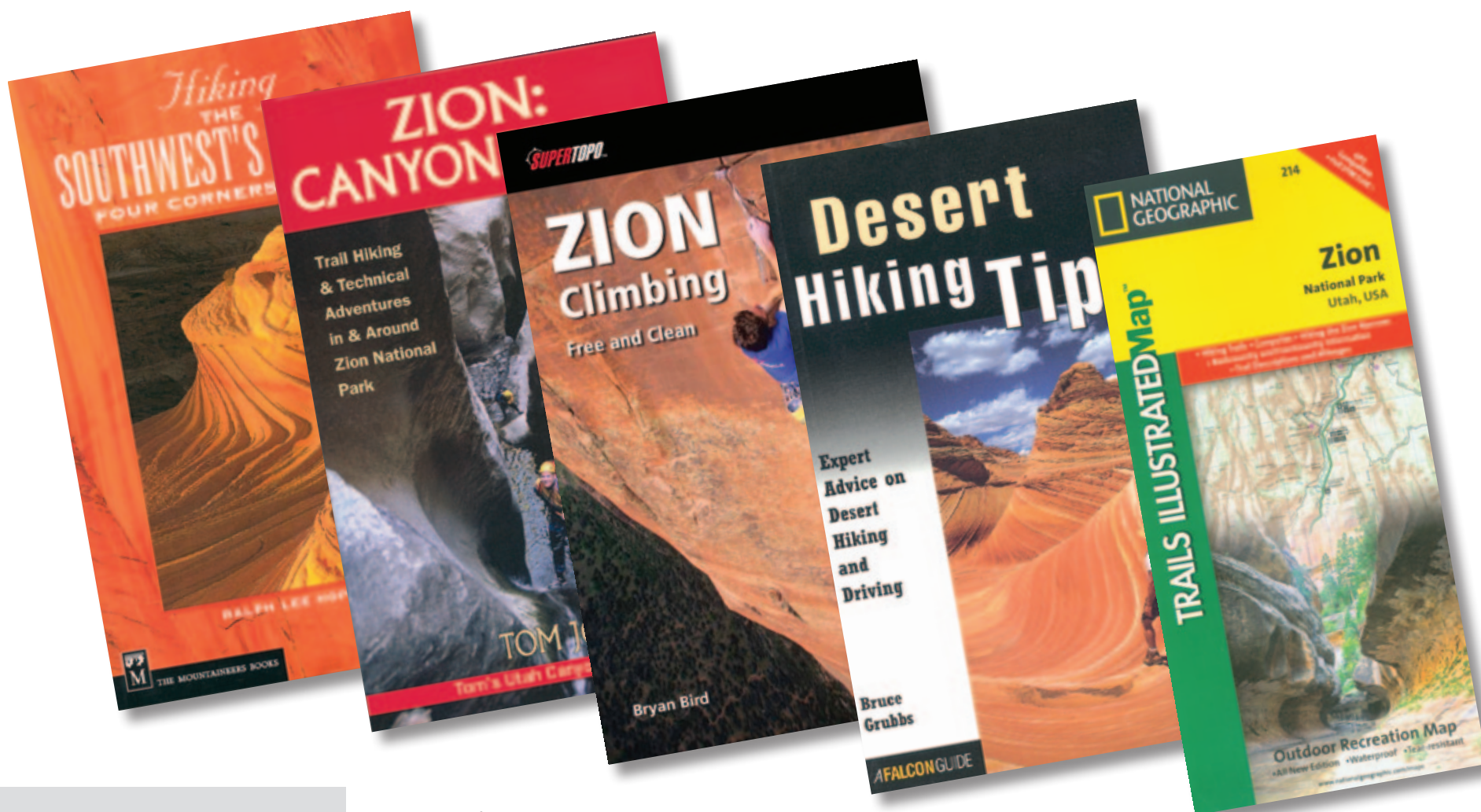
Backpacker Magazine's Trailside First Aid by Molly Absolon
Information about recognition, treatment, and prevention of injuries.

MAPS

Trails Illustrated Map of Zion National Park
Scale approximately 1:37,700, 30 x 25"
Wilderness and hiking information, waterproof, tear-resistant, folded.

St. George and Springdale, Utah Trail Map
Scale 1:25,000, 27 x 39"
Hiking information, waterproof, tear resistant, folded.

USGS Topographic Maps
Scale 1:24,000, 7.5 minute quads. Paper, rolled.
Kanarraville, Kolob Arch, Kolob Reservoir, Cogswell Point, Smith Mesa, Guardian Angels, Temple of Sinawava, Clear Creek, Springdale East and West, and The Barracks.



To find out more about the programs and publications available through the Zion Natural History Association, please visit our website at www.zionpark.org or call 800 635-3959.

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